

Once a month, you (or someone you want to help) can be blessed with fresh meats, fresh or frozen fruits & vegetables, and staple items at an extremely low price! And this is not "day-old" or "outdated" food. It's all fresh, top quality, name brand products, shipped from the manufacturers to the Angel Food Ministries HQ in Monroe, GA, and then to our area on refrigerated trucks. Best of all, there are...

**No Applications \*No Qualifications \* No Limits On The Quantity Purchased**

**FOR \$30.00 YOU GET:**

Pick up your order on:  
**Saturday, April 24th,  
from 9:00 to 10:30 am.**  
This is the **ONLY TIME** you may pick up your food. **(10:31 is too late!!)**  
Any food left unclaimed after this time WILL BE DONATED to others in need.

**April 2010 Menu**

- ☺ 1.5 lb. New York Strip Steaks (4 x 6 oz.)
- ☺ 1.5 lb. Pork Chops (4 x 6 oz.)
- ☺ 1.5 lb. Cooked Breaded Chicken Breast Chunks
- ☺ 28 oz. Salisbury Steak & Gravy Dinner Entrée
- ☺ 1 lb. Smoked Turkey & Pork Sausage
- ☺ 1 lb. Lean Ground Beef
- ☺ 1 lb. Frozen Carrots
- ☺ 1 lb. Corn
- ☺ 1 lb. French Cut Green Beans
- ☺ 1 lb. Pasta
- ☺ 25 oz. Marinara Pasta Sauce
- ☺ 3 lbs. Fresh Baking Potatoes
- ☺ 32 oz. 2% Shelf Stable Milk
- ☺ 1 lb. Rice
- ☺ One Dozen Eggs
- ☺ One Dessert Item

- #1: 6 lb. Assorted Meat Grill Box** (1.5 lb. T-bone Steaks (2 x 12 oz.)..... **For Only \$23.00**  
1 lb. 2 lb. Pork Chops (4 x 8 oz.) 1.5 lb. Hamburger Steaks with Cheese 1 lb. Bratwurst with Cheese
- #2: 5 lb. Assorted Meat & Chicken Combo** (2 lb. Ribeye Steaks (4x 8 oz.)..... **For Only \$22.00**  
1.5 lb. Kansas City Strip Steaks (2 x 12 oz.) 1.5 lb. Boneless Flavored Chicken Breast (Mesquite & Lemon Herb 2 x 6 oz. ea.)
- #3: 10 lb. IQF Unbreaded Poultry Box** (3lb. IQF Split Cornish Hens..... **For Only \$21.00**  
2 lb. IQF Chicken Tenders 2.5 lb. IQF Thighs 2.5 lb. IQF Split Breasts
- #4: 4 x 4 Family Meal Kit** 4 meal kits with all you need to feed a family of 4. 16 meals at 2.20 per meal..... **For Only \$35.00**  
Turkey Kit - 1.5 lb. Boneless Turkey Breast, 1.5 lb. Potato Medley (Potatoes, Carrots, Onions and Celery), 1 lb. Green Beans  
Split Whole Chicken Kit - 3 lb. (avg) Whole Split Chicken (2 individually wrapped), 1.5 lb. Potato Medley, 1 lb. Green Beans  
Beef Tips & Gravy Kit - 1.5 lb. Choice Beef Tips in Gravy, 1.5 lb. Rice Medley (Rice with Red & Green Peppers)  
Pork Roast Kit - 1.5 lb. Boneless Pork Roast, 1.5 lb. Potato Medley, 1 lb. Corn
- #5: 7 lb. Premium Box** (3 lb. T-Bone Steaks (4 x 12 oz.), 2 lb. Pork Chops (4 x 8 oz.)..... **For Only \$32.00**  
2 lb. Boneless Flavored Chicken Breasts (1 lb. each flavor-Italian and Honey Mustard)
- #6: Fresh Fruit and Veggie Box** (1 Large Golden Ripe Pineapple ..... **For Only \$22.00**  
1 3 lb. Bag Valencia Oranges 2 Rio Red Grapefruit 4 Washington State D'Anjou Pears 4 California Lemons  
4 Honey Tangerines 1 2 lb. Bag Red Delicious Apples 1 Head Green Cabbage 1 1 lb. Bag California Mini Carrots  
1 3 lb. Bag Red Potatoes (A-size) 1 2 lb. Bag New Crop Yellow Onions  
AFM April 2010 Fruit and Veggie Recipe Sheet

*Angel Food Ministries reserves the right to substitute for any of the above items due to availability, cost, or quality issues.*

**Order on these dates:**

**SAT Mar. 27th, 9:00-10:30 a.m.**  
**SAT April 10th, 10:00-12:00 a.m.**

**WE ACCEPT:** Cash,  
Money Orders, Food Stamps,  
Debit @ \$2.00, **No Personal Checks!**

**At: 603 E. Hale Lake Road, Warrensburg (660) 747-8949**

*(DD Hwy across from the University of Central Missouri soccer fields)*

Payment in full is required at the time you place your order! **Order online anytime**, visit

**www.angelfoodministries.com** or **www.wburgnaz.com**. Call Julie Wohletz at (816) 850-4963 for more info. Or appointment to Order!

For other host site locations,  
or for information about  
becoming a host site,  
contact AFM Headquarters at:  
**Angel Food Ministries**  
1620 South Broad Street  
Monroe, Georgia 30655  
Phone 1 (888) 819-3745,  
or visit  
[www.angelfoodministries.com](http://www.angelfoodministries.com)

***SENIORS! FOR \$28.00 YOU GET.***

**April 2010 Menu**

*For Seniors or People on the Go!*

- ☺ Roasted Chicken - Roasted Chicken Breast Pieces in sauce with Red Skin Potatoes and Peas and Carrots
- ☺ Chicken Broccoli Alfredo - Chicken Breast Pieces with Broccoli, Fettuccini Noodles and Alfredo Sauce with Carrots, Zucchini and Red Peppers
- ☺ Chicken Chow Mein - Chicken Breast Pieces over Lo-Mein Noodles, Mixed Vegetables with Sauce, Sugar Snap Peas and Cauliflower
- ☺ Chicken Teriyaki - Chicken Breast Pieces over Fried Rice Blend with Teriyaki Sauce with Peas and Carrots
- ☺ Sweet and Sour Chicken - Chicken Breast Pieces over Rice with Vegetables and Pineapple in a Sweet and Sour Sauce with Sugar Snap Peas and Carrots
- ☺ Salisbury Steak and Gravy - Salisbury Steak Patty with Red Skin Potatoes and Gravy with Peas and Carrots and Cauliflower
- ☺ Chili with Beef and Beans - Beef, Beans, and Tomato-based Chili with Corn and Red Peppers and Peas
- ☺ Beef Stew - Hearty Beef Chunks with Potatoes, Carrots, Celery and Onions with Brussels Sprouts, Corn and Red Pepper Blend
- ☺ Fiesta Chicken with Rice - Chicken Breast with Fiesta sauce over White Rice with Corn and Cauliflower
- ☺ Macaroni and Beef - Macaroni and Beef with Noodles, Carrots and Zucchini Blend
- ☺ Assorted Sugar-Free Desserts

*Angel Food Ministries reserves the right to substitute for any of the above items due to availability, cost, or quality issues.*

**All New!! only \$35.00**

**FISH & SHRIMP SEAFOOD BOX**

*The Long-Awaited Seafood Box is Here!*

- ☺ **2 lb. Alaskan Snow Crab Legs**
- ☺ **1 lb. Large EZ Peel Shrimp**
- ☺ **1 lb. (8 ct.) Stuffed Crab in Natural Shell**
- ☺ **2 lb. Oven-Ready Popcorn Shrimp**

**All New!! only \$23.00**

**ALLERGEN-FREE BOX**

*Processed to eliminate the eight top serious allergens: peanuts, soybeans, milk, eggs, fish, crustacean, tree nuts and gluten (wheat, rye and barley). Great for children and adults!*

- ☺ **1 lb. Breaded Chicken Breast Fillets**
- ☺ **1 lb. Breaded Chicken Breast Nuggets**
- ☺ **1 lb. Breaded Cubed Steak**
- ☺ **1 lb. Breaded Wings**
- ☺ **1 lb. Breaded Chicken Tenders**

**After School Box \$24.00**

- 11 lb. String Cheese (16 1 oz. servings)**
- 1.5 lb. Chicken Fingers**
- 4 White Castle Chicken Sandwiches (2 pkg. w/2 sandwiches)**
- 1.5 lb. Mini Corn Dogs (Approximately 36 count)**
- 9 oz. Hot Pockets (2 x 4.5 oz.)**
- 6 oz. Pizza Bites (12 count)**
- 4 White Castle Hamburgers (2 packages with 2 sandwiches)**
- 2 Peanut Butter and Jelly Jamwich Sandwiches (no crust)**

**Just 4 Me – After School Fruit Box \$16.00**

- An assortment healthy fruit snacks especially for kids.
- 3 Red Delicious Apples
  - 3 Navel Oranges
  - 1 6 pack Apple Sauce
  - 1 2.5 oz. bag Sweet Potato Chips
  - 1 2.5 oz. bag Apple Chips
  - 1 6 oz. bag Banana Chips
  - 3 Granny Smith Apples
  - 3 D'Anjou Pears
  - 1 3 pack Apple Juice